

## **Parents' Role during Home Based Learning (HBL)**

### **What role can parents play during HBL?**

During HBL, parents can support their younger children through the following ways:

1. Guide the child to get ready: Set up an area conducive for learning, such as at the dining table or study desk. Make sure the child is familiar with the following:
  - a. Passwords and Login IDs to gain access to the online portals that the school will be using.
  - b. The HBL timetable and relevant materials needed for the child to complete his/her work.
  - c. Point of contact for HBL queries. Teachers will inform the child about their preferred mode of communication – teachers are not required to share their mobile numbers.
2. Agree on a structure: Unlike in school, an adult may not always be present to supervise the child. It is important to establish a routine with him/her on:
  - a. Study, meal, rest timings
  - b. "School" time (e.g. change out of pyjamas before starting HBL)
  - c. "Recess" time (e.g. healthy, balanced diets)
  - d. Recreation time (e.g. 15 minutes after completing each subject)
  - e. Recreational activities at home (e.g. reading story books, craft work, exercise)
  - f. Recreational activities online (e.g. decide how much time he/she should spend online, behave responsibly online)
3. Have regular check-ins: At the end of the day, have a conversation with the child about his/her experience in the day.
4. Remind the child to stay at home: Parents should remind the child to stay at home as much as possible, so that the child can remain safe, minimise any exposure to the coronavirus and practise social responsibility.